

Food Testing

Evaluation Method A (using a locked Indicator Muscle)

1. Do usual pre-checks. Ask the person to choose how they wish to test the substance: (1) in the mouth or smelling; (2) on the parotid gland (if person suspects a sensitivity, or chooses not to taste the food); or (3) thinking of the food (least preferable).

Use a locked Indicator Muscle:

Locked IM = probably biostatic or biogenic – go to step 2

Unlocked IM = biocidal – impairs balance (there is no need to use the Sensitivity Mode as the outcome is clear)

2. If in step one there was a locked IM, have the person circuit locate C1 at the base of the skull.

3. Retest the probable biogenic / biostatic food / supplement now.

Locked IM = probably biogenic or biostatic - go to step 4 as a final challenge.

Unlocked IM = biocidal at this time.

4. **Run one hand down Central Meridian (or pinch spindle cells).**

Locked IM = muscle has become over-energized: substance is **not biogenic.**

Unlocked IM = substance appears to be biogenic or biostatic. Run Central Meridian up again (or spread spindle cells).

Evaluation Method B (using an unlocked Indicator Muscle)

1. Do usual pre-checks. Ask the person to choose how they wish to test the substance: (1) in the mouth or smelling; (2) on the parotid gland (if person suspects a sensitivity, or chooses not to taste the food); or (3) thinking of the food (least preferable).

Use an unlocked IM:

Locked IM = probably biogenic – go to step 2

Unlocked IM = biostatic or biocidal (no need to check Sensitivity Mode)

2. Have the person circuit locate C1.

3. Retest the probable food / supplement now.

Locked IM = probably biogenic – go to step 4 as a final challenge.

Unlocked IM = biocidal at this time.

4. **Run one hand down Central Meridian (or pinch spindle cells).**

Locked IM = muscle has become over energized: substance is biocidal.

Unlocked IM = substance appears to be biogenic. Run Central Meridian up again (or spread spindle cells).