Dear TFH Faculty,

There has been a request for clarification on some areas of the TFH online teaching.

## **Self Testing**

We do not do the Sway test, the finger in a ring, or other testing using the fingers as an Indicator muscle in teaching TFH. These are not part of TFH

We can put the TFH muscles we are teaching through their range of motion, do the muscle dance and put the muscle into the contracted position and get the student to apply pressure to feel the muscle under the pressure. These methods can bring awareness of the feel of the muscles and how we position them for accurate muscle monitoring.

## Recording

TFH is to be taught LIVE, no pre-recording of any part of the Syllabus. Students need to interact and be able to ask questions and get clarification.

If your LIVE TFH class is being recorded, written permission is needed from all the participants. Only students in the class would have access to the recording and absolutely NO POSTING of it online either in public or private posts

Sincerely,

Cheryn Donaldson TFH School Dean

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