

## **TOUCH FOR HEALTH SCHOOL AND PROFESSIONAL SCHOOL CODE OF ETHICS**

As a TFH Instructor, consultant, student, and Professional Kinesiologist, I understand that I am both private and professional, and these two aspects are inseparable. Any professional is skilled at work or in their office and equally representative of their profession when participating in business or leisure activities. Ethics are the basis for a sense of responsibility, moral understanding, and conscience, which prevent us from harming others.

### **Respect of Life**

I recognize and comply with the widespread significance of the respect and defence of life.

I agree to observe the individual's rights regarding creed, gender, religion, language, ethnic origin, nationality, political affiliation, race, sexual orientation, social standing, age, disease or disability or personal beliefs.

I agree to honor each person's decision-making process and recognize that muscle testing may not be used to replace this process.

I will not judge or assign blame or guilt to the person with whom I am working.

### **Balance of Living Beings**

Through muscle testing, I interact with a person's self-regulating capabilities and use natural modalities to facilitate well-being.

### **Wholistic Approach**

I work on all aspects of a person to facilitate their self-regulating abilities. During a balance, quality is prioritized over quantity of actions.

I am aware of the broader meaning that may lie behind any imbalance.

The educational model I am using originates from the objective of educating people to discover their values.

I recognise that muscle testing does not replace thinking and feeling

I realize that muscle testing must not be misused in ways unintended by the Touch for Health School and Professional School.

### **Approach to Symptoms**

I do not intervene with symptoms. I am interested in potential rather than pathology. I use my professional competence to support the client in achieving a higher level of integration that enhances learning capabilities and quality of life.

Touch for Health School courses and Professional School Training Programs (PKTP) work in the self-responsibility and educational model, working with energy. Therefore, I do not claim to diagnose, prescribe, or treat named diseases.

I do not claim cures as I recognize that the purpose of Kinesiology is to balance the body's energies in conjunction with muscle testing and the associated correction reflexes and techniques.

When using Kinesiology, including Touch for Health, I believe that the person's energies are balanced and self-healing powers are activated.

### **Self-responsibility Model**

Maintaining a balanced state is a person's ultimate responsibility and choice.

I am responsible for assisting the client in learning to manage their health and well-being. The kinesiologist actively involves the client throughout the balancing process by educating them on the principles of the method.

Awareness and participation of the client are essential to make a change.

The relationship between me and the client is based on active cooperation to enhance self-responsibility. The kinesiologist uses the educational model. They consider themselves facilitators/educators, always ready to respect the client's choices.

I will maintain a high standard of cleanliness in both myself and my workplace (classroom and office).

I will maintain confidentiality regarding issues arising in my workplace (classroom and office).

I understand Touch for Health is recognized as a form of Kinesiology that can be used in the community for education and self-responsibility.

I agree to complete training programs to the required standards and to continue self-education and development.

I agree to maintain a high standard of professionalism in all areas of my life, including my behavior, attitude, and language, as well as my business and financial activities.

I recognize that the responsibility for the session's process remains with the client.

### **Empathy**

Lasting change and mutual satisfaction can be obtained when empathy is established between the client and the kinesiologist.

### **Positive Feeling**

I aim to evoke mental and behavioural patterns based on positive thoughts and feelings.

# **TOUCH FOR HEALTH SCHOOL AND PROFESSIONAL SCHOOL TEACHING AND PRACTICE CODE OF ETHICS**

## **Professional Commitment**

I will work within the guidelines of this code of ethics, code of conduct, and code of practice. During the kinesiology balance, techniques and modalities recognised by the IKC and the local professional organization recognised by the IKC are used.

I safeguard the image and credibility of my profession through my professional and private actions and choices.

I will maintain the quality and standard of training and materials set down by the Touch for Health School, its Faculty and Trainers, and the Professional School.

The purpose of teaching students is to teach Touch for Health School courses and Professional Kinesiology Training Programs in their entirety, faithful to their recognized texts.

I recognize the teaching of Touch for Health School courses and the practice of Touch for Health and Kinesiology as self-development and educational tools that do not prescribe, diagnose, treat or substitute registered health modalities.

As a Touch for Health and Professional Kinesiology body member, I will act according to the ethics.

## **Cooperation with Colleagues**

Relationships with colleagues are based on the highest standards and professionalism.

Defamation of colleagues constitutes a grave infraction.

I may not knowingly entice a client from another professional.

If I am substituted in a temporary position for a colleague I will cease my relationship with my

colleague's clients upon that colleague's return. I will provide information relative to that client's records. Where required, the principal kinesiologist will make the client's records available to the substituting kinesiologist for legal or other similar reasons. Payment of gratuities or gifts for client referrals is unacceptable behaviour.

I agree to respect and support my colleagues and students alike.

### **Cooperation with other Practitioners**

I am conscious of my area of competency. I will not encroach into the field of other professions and will adopt a positive stance with other professionals, particularly other health care professionals.

### **Professional Confidentiality**

I must observe confidentiality in all matters relating to his clients.

I am also responsible for maintaining confidentiality during consultations where others are assisting.

I may only disclose client information with that client's permission.

### **Respect for the Client**

I act for the client's overall well-being and only at their request. I shall give my client clear information on the possibilities and limits of kinesiology, thus avoiding unjustified expectations. Even when establishing the necessary emotional rapport of trust and support with his client, the kinesiologist always maintains professionalism.

In addition to my fee, I will refuse any personal advantage or favor I might obtain from the session that may interfere with the quality and duration of the professional rapport with my client.

I exercise choice around my decision to begin or continue a professional relationship with a client.

To assist the client, I may provide information and advice to support the client's balance. It is my duty to recommend other types of support should it be necessary for the client's well-being.

I will not judge or assign blame or guilt to the person I am teaching or with whom I am working.